



THE MOBILE SPA

Your Well-being Partner

[www.themobilespa.ng\\_](http://www.themobilespa.ng_)



Indulge in Relaxation, Anytime, Anywhere.....

# Unwind and Relax, Anywhere.



## Wellness Experiences for Every Occasion

We bring relaxation and rejuvenation directly to you!

The Mobile Spa offers a variety of services to groups of individuals at work or events through:

- Mini Massages:
- Pedi-Manis
- Spa Parties
- Home Spa Service
- Multi-Sensory Booth
- Mindful Art Escape
- Well-being Presentations
- Employee Well-being Enhancement Programs (EWEP)



## Perfect for:

OFFICE EVENTS, CONFERENCES,  
PARTIES, PRODUCT ACTIVATION,  
EXPERIENTIAL EVENTS, BRIDAL  
SHOWERS AND MORE!





**Workplace or  
Event Massage**

**BOOK NOW**

## Mini Massages

### Chair or Foot Massage - 15 Mins

- 20 people or less - N200,000
- 30 people or less - N300,000
- 40 people or less - N400,000
- 50 people or less - N500,000
- 70 people or less - N700,000
- 80 people or less - N800,000
- 100 people or less - N1,000,000

**Contact us for groups larger than 100  
people**

All prices are exclusive of VAT and  
transportation Charge





Workplace or  
Event  
Pedi- Manis

[BOOK NOW](#)

## Pedicure and complimentary Manicure - 45 Mins

- 10 people or less - N150,000
- 20 people or less - N300,000

Contact us for groups larger than 20  
people

All prices are exclusive of VAT and transportation  
Charge





# Spa Parties

Full body massage options for 8-10 people

- 30mins - N200,000
- 60mins - N400,000

Full body massage options for 12-15 individuals

- 30mins - N300,000
- 60 mins - N600,000

All prices are exclusive of VAT and transportation Charge

Contact us for groups larger than 15 people

**BOOK NOW**



# REFER & REJUVENATE



- Refer clients who book our group services
- Receive a complimentary 60-min full body massage at home
- Skilled therapist, state-of-the-art massage chair
- Unlimited referrals = unlimited rewards

**GET STARTED HERE..**



[wa.link/referandrejuvenate](https://wa.link/referandrejuvenate)

Scan QR Code or click link to chat with a rep now.



# Spa Parties (Pre-teens and Teenagers)

## Options for 8- 30 children

- **Pedi-mani & facial - N25,000**
- **Pedi-mani - N12,500**
- **Massage & facial - N30,500**
- **Massage & pedi-mani - N30,500**
- **Massage, facials & pedi-mani - N45,000**
- **Henna artistry - N6,500**

All prices are exclusive of VAT and transportation Charge

**BOOK NOW**





## Nigeria's First Multi-sensory Experience Booth

Our multi-sensory experience booth creates a haven of tranquility. Combining soothing visuals, calming soundscapes, subtle aromatherapy, and guided relaxation prompts.

### Rental Rate

- Silver - 2 VR headsets + 1 Aromatherapy Pot - N150,000
- Gold - 3 VR Headsets + 2 Aromatherapy Pot - N225,000
- Platinum - 4 VR Headsets + 3 Aromatherapy Pots - N300,000

All rates are exclusive of 7.5% VAT and transportation charge

***it engages the senses of sight, sound and smell to melt away stress and promote deep relaxation.***



# Mindful Art Escape



## Rate Card

- 25 people or less - N75,000
- 50 people or less - N150,000

All rates are exclusive of 7.5% VAT and transportation charge

### Available Add-ons

- **Custom Coloring Pages:** We can create bespoke coloring pages featuring event logos, themes, or sponsors. This reinforces branding and provides a unique takeaway.
- **Collaborative Coloring Mural:** a large-scale coloring page with intricate designs. Attendees can casually contribute as they pass by, creating a communal artwork.

**Contact us to discuss this addition and cost implication.**

An adult coloring activity seamlessly integrated with guided relaxation prompts. Immerse your guests in the soothing world of art coloring, naturally inducing a state of tranquility amidst the vibrant energy of any event.



## WELL-BEING PRESENTATION

Our well-being presentations offer a comprehensive approach to enhancing physical and mental health. We cover vital topics like ergonomics and injury prevention to reduce workplace strain, self-care techniques to boost productivity and reduce stress, and instructor-led stretches to promote flexibility and combat tension. These presentations will empower your audience with practical tools to improve their well-being.

## Rate Card

- Holistic Ergonomic & Repetitive Strain Injury Prevention(RSI) Program - (90mins) - N200,000
- Selfcare & Productivity - 45 Mins - N120,000
- Instructor-led Stretches - 20 mins - N75,000

All rates are exclusive of 7.5% VAT and transportation charge







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## Rate Card

- Holistic Ergonomic & Repetitive Strain Injury Prevention(RSI) Program - (90mins) - N400,000
- Selfcare & Productivity - 45 Mins - N250,000
- Instructor-led Stretches - 10 mins - N150,000





## **Boost Employee Well-being & Productivity with EWEP**

Our dynamic Employee Well-being Enhancement Program (EWEP) empowers your team with the knowledge and tools for a healthier, happier life. Each month focuses on a different aspect of well-being, from mindfulness, physical activity to sleep hygiene.

### **Structure:**

- Monthly Themes: Educational sessions, articles, and interactive challenges keep learning fresh and engaging.
- Expert Guidance: Qualified professionals lead sessions and curate informative articles.
- Rewards & Incentives: Company-funded rewards motivate participation and celebrate progress.

*Invest in your team's well-being.*

*Request a customized EWEP proposal today!*



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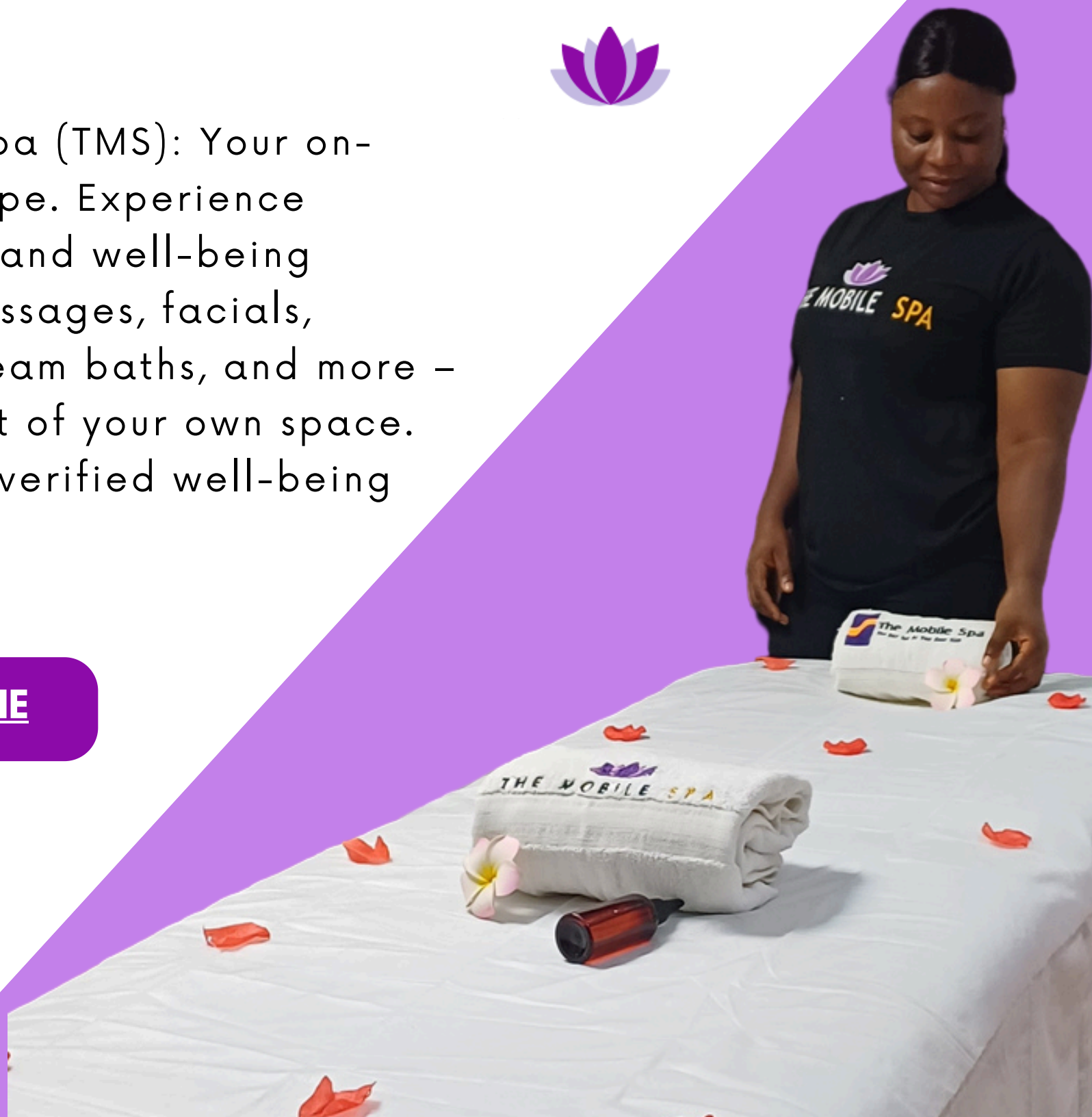
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The Mobile Spa (TMS): Your on-demand escape. Experience luxurious spa and well-being services – massages, facials, pedicures, steam baths, and more – in the comfort of your own space. Delivered by verified well-being professionals.

**BOOK ONLINE**







## Home Service - Massage

### Swedish Massage

The therapeutic technique involves long, gliding strokes, kneading, and circular movements to promote relaxation, ease muscle tension, improve circulation, reduce stress, and enhance overall well-being.

60 mins - N40,000

90 mins - N55,000

### Deep Massage

A therapeutic technique employing firm pressure and slow strokes to target deeper muscle layers and alleviate chronic tension and pain, often addressing specific areas of discomfort or injury to restore mobility.

60 mins - N40,000

90 mins - N55,000

### Aromatherapy Massage

Aromatherapy massage blends essential oils with massage for a relaxing, stress-reducing, and wellness-boosting experience.

60 Mins - N40,000

### Prenatal Massage

A specialized therapeutic massage focused on relieving discomfort, and promoting relaxation during pregnancy.

60 Mins - N40,000





## Home Service - Classic Facials

This facial treatment cleans, exfoliates, and nourishes the skin to promote clear and well-hydrated skin. It involves extraction of comedones (blackheads and whiteheads).

This treatment is NOT recommended if you have acne or active breakouts.

60mins - N40,000

## Home Service - Body Exfoliation and Steam

A body treatment that is designed to remove dead skin cells and leave you feeling refreshed and beautifully polished with a radiant glow. African black soap and brightening scrubs are used during the Body Exfoliation & Steam treatment.

45mins - N40,000



## Pedicure and Complimentary Manicure - Add-on Service only

Exfoliate, nourish and protect your foots and hands.  
Available as additional service only.

N15,000



## Home Service - Couples Pamper

Strengthen your bond by experiencing a couple massage together. A couples massage helps you reconnect. This practice of being fully engaged in an activity together that can help couples reconnect, and with a little effort, they can bring that same level of mindful awareness to their time together post massage. This session can be booked for friends and family that want to spend time together.

- **There will be two massage tables and two therapists.**
- **Your massage therapists will coordinate your massages so they begin, progress and end at the same time.**

Available Options for Couples Pamper

- Massage only - 60 Mins N80,000
- Massage only - 90 Mins N110,000
- Massage (60 Mins) and Pedi-mani- N110,000
- Massage (60 Mins) and Facials -N150,000
- Massage (60 Mins) and Body Exfoliation & Steam - N150,000



## TMS Service Packages

### Individual Options

- 60 Mins Swedish Massage + Body Exfoliation and Steam = N75,000
- 90 Mins Swedish/Deep Tissue Massage + Pedi-mani = N70,000
- 60 Mins Swedish/Deep Tissue Massage + Classic Facial = N75,000
- Classic Facials + Pedi-mani = N50,000





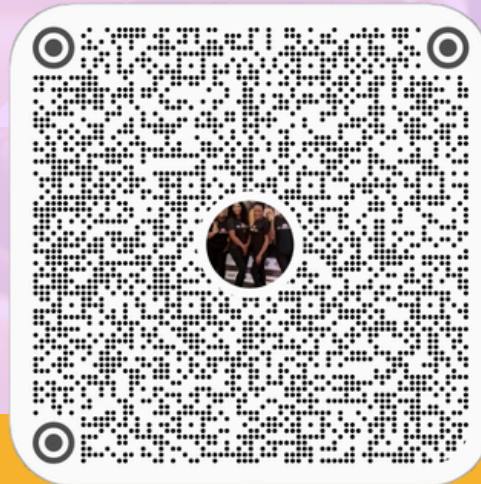
# *Give the gift of ultimate relaxation with a Mobile Spa Gift Card.*





# THE MOBILE SPA

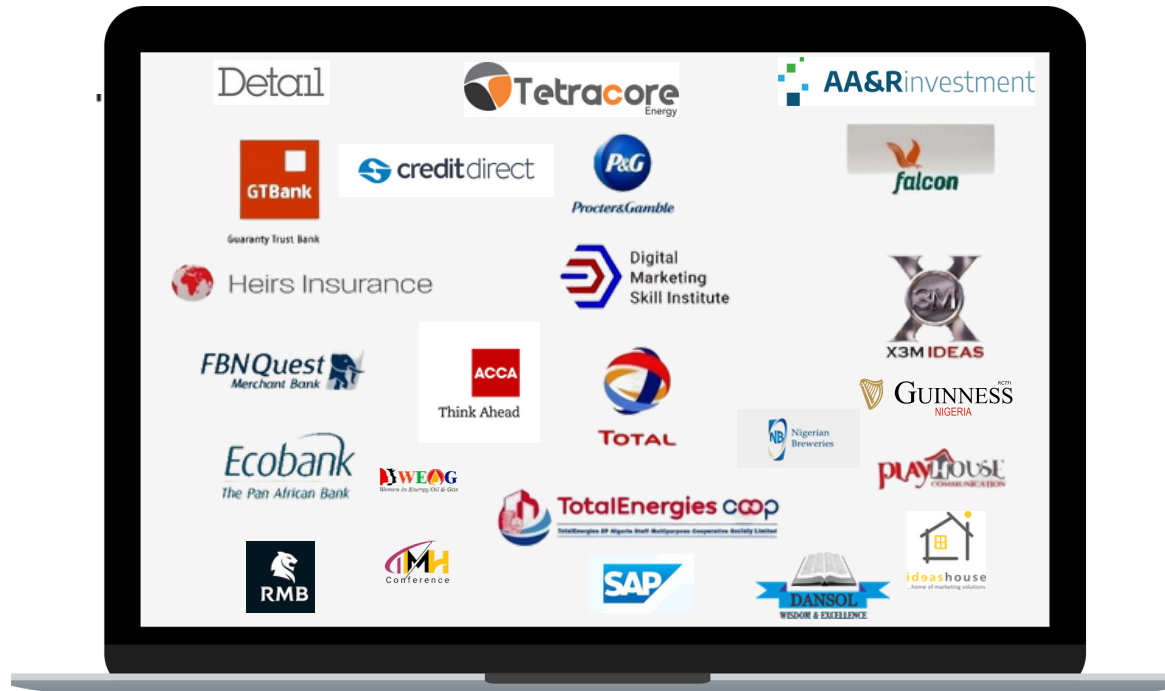
The Mobile Spa



Scan the QR code to add this contact



# SOME COMPANIES WE HAVE WORKED WITH



Experience the difference. Book a transformational wellness  
experience today!